



## Are you 16-25? Want to learn new skills?

### Taster Day: 10<sup>th</sup> May / Main Programme: 15<sup>th</sup> May – 19<sup>th</sup> May 2017

Meet new people and improve your boxing and team work skills by working on a group challenge like learning how to deliver a coaching session.

Not only will it help you discover new talents, but you could also secure a qualification and benefit from support from our staff or one of our mentors to help you uncover your next steps.

#### Location: Battersea

- Work with coaches and uniformed services to learn skills in boxing and fitness
- Gain an Officer Safety Training and Emergency Life Support Certificate
- Work as a group to design your own coaching session as part of a final challenge
- Meet experts from the industry and find out about volunteering and employment routes
- Travel expenses and lunch paid on programme
- Doesn't affect your benefits



#### To join the course or find out more:

Email: [outreach.london@princes-trust.org.uk](mailto:outreach.london@princes-trust.org.uk)

Text 'Call me' to 07983 385 418

Call for free on 0800 842 842



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